



Hearts
AGAINST
HUNGER

Hearts Against Hunger provides food to children whose main source of nutrition is “free and reduced” breakfast and lunch at school. Right here in our community and in our children’s classrooms, there are children who are food insecure. This means they lack consistent access to enough food for an active, healthy life. We are partnering with the community to bring weekend meals to these children. Food is distributed through local schools directly to the children for home use. **Hearts Against Hunger** also ensures that students have nourishment through weekends and holidays. You can help by making a donation! As we launch this program into the schools, we are in need of food, monetary, and grocery gift card donations. Please consider making a donation to **Hearts Against Hunger** and help to make a difference in a child’s life. No child should go to bed hungry!

Wish list

Breakfast

- Poptarts
- Individual servings of Cereal (1 oz. size)
- Instant Oatmeal Packets

Main Dishes

- Soup in Kid-friendly Flavors
- Individual Cups of Macaroni & Cheese
- Cans of Tuna or Chicken
- Microwavable Rice or Veggie Cups (such as Minute brand)
- Shelf-stable Microwavable Meals (such as Dinty Moore, Barilla Entrees, or Hormel Completes)

*Pop-top lids are best for our kiddos. Also, please avoid glass containers or oversized items!
Thank you!*

Snacks, Sides, & Drinks

- Shelf-stable Hummus, Individual Size (such as Wild Garden or Go Go Dippers brands)
- Pretzels, Raisins, Goldfish, Small Bags of Nuts, Healthy Breakfast/Granola Bars
- Low-sugar, 100% Juice, Multi-Pack Juice Boxes
- Shelf-stable, Multi-pack Milk Boxes
- Graham/Saltine Crackers
- Non-perishable Fruit/Applesauce Cups or Cans
- Fruit Snacks (with real fruit) and Other Kid-friendly Snacks

Our Biggest Need Right Now:

Fruit Cups, Cans or Pouches
Kid Friendly Soups and Easy Mac’s
Breakfast Items